

MODULE SPECIFICATION PROFORMA

<b>Module Title:</b>	Social Prescribing	<b>Level:</b>	5	<b>Credit Value:</b>	20
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<b>Module code:</b>	HLT515	<b>Is this a new module?</b>	YES	<b>Code of module being replaced:</b>	
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<b>Cost Centre:</b>	GANG	<b>JACS3 code:</b>	B900
		<b>HECoS code:</b>	100476

<b>Trimester(s) in which to be offered:</b>	2	<b>With effect from:</b>	September 2019
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<b>Faculty:</b>	Social & Life Sciences	<b>Module Leader:</b>	Justine Mason
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Scheduled learning and teaching hours	35 hrs
Guided independent study	165 hrs
Placement	0 hrs
<b>Module duration (total hours)</b>	200 hrs

<b>Programme(s) in which to be offered</b>	Core	Option
BSc (Hons) Public Health and Wellbeing	✓	<input type="checkbox"/>
BSc (Hons) Mental Health and Wellbeing	✓	<input type="checkbox"/>
Dip HE Contemporary Health Studies	✓	<input type="checkbox"/>

<b>Pre-requisites</b>
None

Office use only

Initial approval *December 2016*

APSC approval of modification *August 2019*

Version 3

Have any derogations received SQC approval?

Yes  No

**Module Aims**

The module aims to:

1. Explore the different models of social prescribing and their appropriate application, via a multi-disciplinary approach, to the promotion of health and wellbeing.
2. Allow the student to appreciate the skills required to effectively prescribe social interventions to improve wellbeing thorough:
3. Understanding the different types and structures of social prescribing and the theoretical models of health promotion that might underpin these.
4. Understanding the principles of Prudent Healthcare and co-production, especially in relation to reframing the power relationship between health and social care professionals and the communities that they serve.
5. Describing and assessing the different models of health and how these might influence a practitioner's approach to social prescribing.
6. Developing an understanding of the potential impact of economic, cultural and social factors on any social prescribing service.
7. Identifying examples of social prescribing services to gain an understanding of their aims and outcomes, then critiquing the success of the service in achieving these.
8. Considering evaluation methods that might be applied appropriately to demonstrate the effectiveness of any chosen social prescribing service, identifying the strengths and weaknesses of any such methods.

**Intended Learning Outcomes**

Key skills for employability

- KS1 Written, oral and media communication skills
- KS2 Leadership, team working and networking skills
- KS3 Opportunity, creativity and problem solving skills
- KS4 Information technology skills and digital literacy
- KS5 Information management skills
- KS6 Research skills
- KS7 Intercultural and sustainability skills
- KS8 Career management skills
- KS9 Learning to learn (managing personal and professional development, self-management)
- KS10 Numeracy

At the end of this module, students will be able to

Key Skills

1	Evaluate models of social prescribing, demonstrating an understanding of the strengths and limitations of different models.	KS1	
		KS3	
		KS6	

2	Examine the potential impact of economic, cultural and social factors on any social prescribing service	KS1	
		KS3	
		KS7	
3	Explore the contribution social prescribing can make to the co-production of health and wellbeing	KS1	
		KS2	
		KS6	
4	Identify and appraise the range of skills required to become an effective social prescriber, working in a multi-disciplinary way, focused on reducing avoidable health inequalities.	KS2	
		KS6	
		KS7	
		KS9	
Transferable/key skills and other attributes			
<ul style="list-style-type: none"> <li>• Research skills,</li> <li>• problem-solving,</li> <li>• questioning,</li> <li>• analysis of information</li> </ul>			

**Derogations**

N/A

**Assessment:**

The student will be required to consider a case study of a social prescribing service, in so doing, the student should demonstrate their understanding of the model of social prescribing being applied in the service, evaluating its appropriateness and potential for success/failure. They should also make suggestions for improvement of the service and stratagems for further development in the future. Students should reflect on how they might apply their learning from this case study to further develop themselves as future social prescribers.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	1,2, 3 & 4	Case Study	100%		3,500

**Learning and Teaching Strategies:**

Interactive lectures will be used to provide core knowledge. This will be supported by online materials, smaller group work and tutorials. An online Moodle forum will be established to facilitate discussion and the sharing of learning and resources within the student community. Independent learning will be spent researching and reading in support of the subject area and preparing for assessments.

**Syllabus outline:**

Theoretical models of health in social prescribing  
 Models of social prescribing  
 Health inequalities and their cultural, economic and social context  
 Prudent healthcare  
 Co-production  
 Methods of evaluating non-medical interventions  
 Social, economic and legislative backgrounds to social prescribing.  
 Physical activity and wellbeing  
 The arts and wellbeing

**Bibliography:**

**Essential reading**

Bartley, M (2016) *Health inequalities: an introduction to concepts, theories and methods* 2<sup>nd</sup> Edition London: Polity Press

Walker, P & John, M (eds) (2011) *From public health to wellbeing: the new driver for policy and action* London: Palgrave Macmillan

Wilson, F, Mabhala, M & Massey, A (2014) *Health improvement and wellbeing: strategies for action* Maidenhead: Open University Press

**Other indicative reading**

Kohl, H & Murray, T (2012) *Foundations of physical activity and public health* Leeds: Human Kinetics Publishers

Stephens, C (2008) *Health promotion: a psychosocial approach* Maidenhead: McGraw Hill Education

**Useful websites:**

King's Fund

<https://www.kingsfund.org.uk/audio-video/sam-everington-community-based-primary-care-model>

Bevan Foundation

<https://www.bevanfoundation.org/>

Social Prescribing Network

<https://www.westminster.ac.uk/patient-outcomes-in-health-research-group/projects/social-prescribing-network>

Public Health Wales <http://www.wales.nhs.uk/sitesplus/888/news/14707>